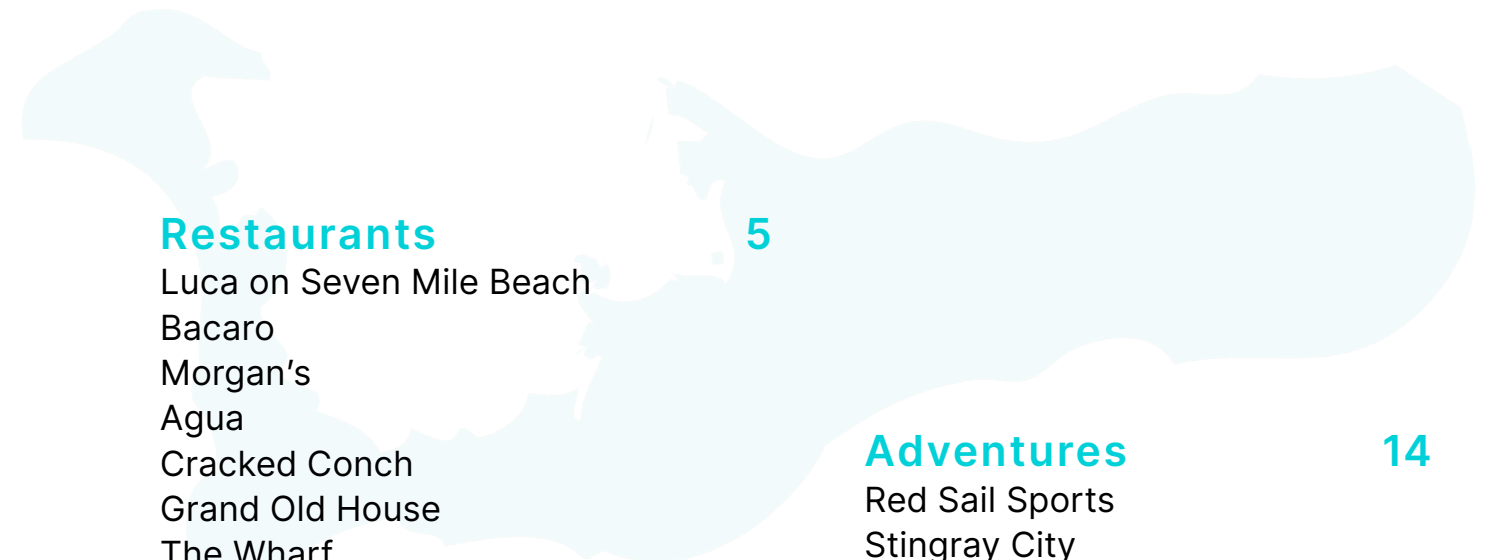


**STRATEGIC RISK SOLUTIONS**

# ISLAND GETAWAY GUIDE

**DISCOVER GRAND CAYMAN**

# TABLE OF CONTENTS



## Restaurants

5

- Luca on Seven Mile Beach
- Bacaro
- Morgan's
- Agua
- Cracked Conch
- Grand Old House
- The Wharf
- Calypso Grill
- Cocoloba at the Kimpton
- Tillies
- Tukka West at Morgan's Harbor
- The Kimpton Seafire: Avecita
- Taikun at the Ritz-Carlton
- Blue Cilantro
- Yoshis
- Private Dining Rooms

## High End Dining

10

- Residence Kitchen
- Mario's Wine Dining Experience
- Blue by Eric Ripert
- Rasa
- Mykonos Steak Club
- Kaibo Upstairs

## Adventures

14

- Red Sail Sports
- Stingray City
- Cayman Turtle Centre
- Captive Marvin's Reef or Deep Sea Fishing Charters

## Activities

17

- North Sound Golf Course
- Pickleball Cayman Centre
- Redsail Sunset Cruise
- Chellamella Cooking Lessons
- Le Petit Bar

## Wellness

18

- One Heart Yoga & Apothecary
- Bliss Yoga Cayman
- Vital Spin Bar & Yoga Den

# ARE YOU HUNGRY?

Nothing says vacation like a meal on the beach at sunset.



## Luca on Seven Mile Beach

Ocean side, but set back from the waterfront, you'll find delicious Italian dishes and wines. Sit inside or outside but either way enjoy the Cayman atmosphere with Italian flavor.

[luca.ky](http://luca.ky)

## Bàcaro

At Bàcaro, food and drink is the love language. Fresh, local ingredients, classic Venetian flavors and of course - a little modern innovation, ensure that everyone will find something they love.

[bacaro.ky](http://bacaro.ky)



## Morgan's

An elegant waterfront restaurant. Whether you dine indoors or out, enjoy the panoramic views of Governors Creek. Sample their extensive ocean-to-table menu and indulge in a classic or contemporary cocktail. Great food, fresh fish, and great place for a more relaxed setting, large outside patio.

[morganscayman.com](http://morganscayman.com)

## Agua

Agua is an award-winning seafood restaurant rooted in Italian tradition and inspired by Peruvian cuisine. Great food, atmosphere, and staff. Located in Camana Bay (non-ocean side) by the water of North Sound. Both indoor and outdoor seating.

[agua.ky](http://agua.ky)





### Cracked Conch

Very good food and wine with a large selection. Sit inside or outside on their large deck overlooking the beautiful ocean views.

[crackedconch.com.ky](http://crackedconch.com.ky)



### Cocoloba at the Kimpton

A casual, beachside experience, Cocoloba Bar & Grill is upfront on the waterfront, and one of the best places to eat on Seven Mile Beach. Sporting an open-air, three-sided bar and ocean views in all directions, it's part of Kimpton Seafire Resort + Spa.

[cocolobacaymanislands.com](http://cocolobacaymanislands.com)

### Grand Old House

Large outdoor deck seating by the water with great views pairs nicely with great food. They are Austrian managed and carry large menus and wine lists.

[grandoldhouse.com](http://grandoldhouse.com)



### Tillies

Nestled along Seven Mile Beach, Tillies embodies the timeless charm of coastal dining. Offering dishes crafted from fresh local ingredients, the menu is inspired by the vibrant flavors of the Greater Antilles. With welcoming ambiance and captivating views, Tillies provides the perfect backdrop for an unforgettable experience.

[tillies.ky](http://tillies.ky)



### The Wharf

Set on the water at the start of Seven Mile Beach with newly renovated outdoor deck seating. Great food, wine, & service from Austrian management with a continental flavor.

[wharf.ky](http://wharf.ky)



### Tukka West at Morgan's Harbor

Extensive menu, great location on the water with plenty of indoor and outdoor seating and a casual atmosphere.

[west.tukka.ky](http://west.tukka.ky)

### Calypso Grill

French doors open out onto the terrace overlooking Morgan's Harbour as a soft breeze flows in from the North Sound. The Calypso Grill is a great place to gather with delicious fish and seafood cooked simply with a relaxed and welcoming atmosphere.

[calypsogrillcayman.com](http://calypsogrillcayman.com)



### The Kimpton Seafire: Vecita

Vecita stands as the signature dinner destination within Kimpton Seafire Resort. Delight in an evening of culinary theater with two unique dining experiences, both featuring an array of Spanish tapas-inspired delights.

[averestaurant.com](http://averestaurant.com)





### Taikun at The Ritz-Carlton

Cayman's gourmet sushi lounge that fuses the finest grade of sushi with authentic ingredients and sophisticated presentation. Excellent fine dining sushi & cooked dishes.

[rcgcrestaurants.com/taikun](http://rcgcrestaurants.com/taikun)

### Blue Cilantro

Experience the culinary excellence of Blue Cilantro, situated in Grand Cayman's Seven Mile Beach. With a dynamic fusion menu, a commitment to quality shines through, utilizing the finest cuts of meat, freshest fish, and aromatic herbs and spices to create succulent dishes bursting with flavor.

[bluecilantro cayman.com](http://bluecilantro cayman.com)



### Yoshis

Discover the essence of authentic sushi at Yoshi Sushi, ideally situated in the vibrant heart of Seven Mile Beach! Skilled Sushi chefs craft a tantalizing array of fresh and traditional Japanese dishes, alongside innovative contemporary creations, ensuring a memorable dining experience.

[yoshi.ky](http://yoshi.ky)



### Private Dining Rooms - Available for Reservation

- Agua
- Blue
- Blue Cilantro
- Brasserie
- Grand Old House
- Mario's
- The Wharf





# EXPERIENCE THE LUXURY



## Residence Kitchen

A bespoke ultra-high end dining experience with the former sous chef of Eleven Madison Park, a three Michelin star restaurant in New York. The former wine director of NoMad with access to an amazing library of wines helps create bespoke menus and wine pairings for each dining experience. Menus can be specified to client tastes, themes, or events or just leave it up to the professionals to surprise you with their designs. A chef's counter experience is available for parties of 8 where you can watch the magic up close and discuss the process with the chef. A speakeasy and hidden disco are available for post dinner drinks.



## Mario's Wine Dining Experience

Nestled in the heart of 7 Mile Beach, our intimate farm-to-table restaurant is dedicated to championing local farmers and fishermen, all while upholding a sustainable, eco-conscious ethos. The team of accomplished international chefs crafts a unique five-course menu daily, seamlessly fusing the island's bountiful harvest with global influences. Each dish is an ode to the island's freshest ingredients, meticulously curated to illuminate the innate flavors. Elevating this culinary voyage is Mario's thoughtfully curated wine selection, artfully chosen to harmonize with and elevate your dining odyssey. An exceptional encounter unlike any other awaits, promising indelible memories exclusive to the island haven.

[marios.ky](https://marios.ky)



## Blue by Eric Ripert

Blue is owned by renowned French chef and author Eric Ripert and is located in the Ritz Carlton. Eric Ripert's flagship restaurant Le Bernardin in New York holds three Michelin stars and was ranked #1 in La Liste in 2023 for best restaurants in the world. Blue is set in a luxurious indoor dining room in the Ritz Carlton and offers delicious set menus curated by the famous chef, although he does not reside in Cayman. Private rooms for medium sized groups are available.

[rcgcrestaurants.com](http://rcgcrestaurants.com)



## Mykonos Steak Club

At Mykonos Steak Club, indulge in the finest meats and seafood in a luxurious Mediterranean setting at the heart of Seven Mile Beach. Boasting the award winning culinary team previously at Steak Social and the largest 100-point wine and champagne selection in the Region.

[mykonos.ky](http://mykonos.ky)



## Rasa

Engage in an immersive one-of-a-kind culinary journey through international cultures, regional recipes, and adventurous creations, centered around a singular specialty concept and rotating every few months. With an exclusive front-row seat in the heart of our buzzing, world-class exhibition kitchen, you'll delight in vivid culinary creations coming to life before your eyes. Experience a single world culture's cuisine in classic, sophisticated depth, with a few original twists, through a uniquely curated tasting menu from our highly decorated chefs, every one selected for their extraordinary talents and gastronomic vision.

[rasa.com](http://rasa.com)

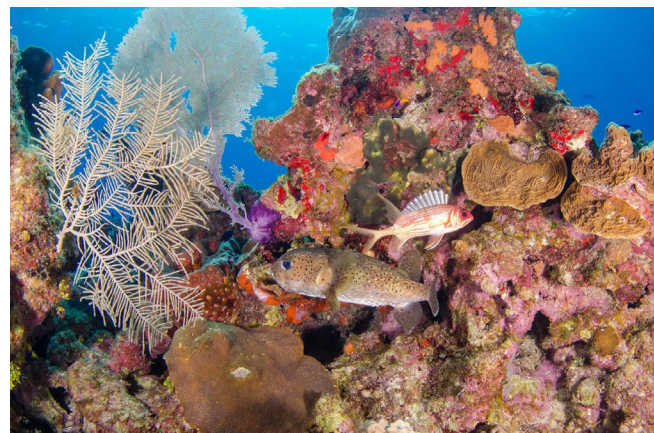


## Kaibo Upstairs

Take a ferry ride to and from this destination hideaway awarded as Grand Cayman's no. 1 restaurant from 2012-2019 for consistently excellent quality food, service, value and atmosphere that uses local elements from land and sea to showcase upscale dining, artisan cocktails and you can enjoy a cheeky cigar on the sea-view raised deck. An upscale restaurant in a plantation house offering a six-course tasting menu, which changes seasonally, to craft dishes from the best daily produce for our guests' enjoyment orchestrated by Executive Chef Kyle Jenkins. The Rare Rum Cabinet boasts Cayman's widest selection of sipping rums and the boutique wine list is selected to compliment every dish on the menu, with new and old world both well represented.

[kaibo.ky](http://kaibo.ky)

# LOOKING FOR ADVENTURE?



## Red Sail Sports

An unforgettable experience including boat excursions, scuba diving lessons, beach activities, and more! There's something here for everyone.

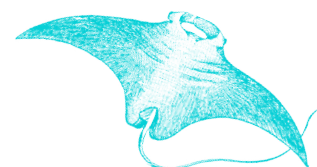
[redsailcayman.com](http://redsailcayman.com)



## Stingray City

If you're looking for a unique and thrilling experience while in Grand Cayman, then you can't miss out on Stingray City. Located within the barrier reefs that surround the island, it is a large sandbar populated by different species of fish and, most famously, stingrays.

[stingraycitycaymanislands.com](http://stingraycitycaymanislands.com)



## Cayman Turtle Centre

Cayman's largest land-based tourist attraction, Cayman Turtle Centre: Island Wildlife Encounter hosts more than 200,000 visitors each year. Educational, cultural, and entertainment programs are consistently being created and updated to enhance the experience that can only be found at this world-renowned attraction.

[turtle.ky](http://turtle.ky)



## Captain Marvin's Reef

Learn from the experienced captains who can help you reel in that giant marlin, tuna, or wahoo. Each charter holds up to eight people and runs for about four hours long. A great tip... the deep-sea fishing isn't far from shore – so you'll spend your time actually fishing and not just driving out to a location.

[captainmarvins.com](http://captainmarvins.com)





# NEED TO UNWIND?

Whether it be day or night, cast away to your own private oasis.



## North Sound Golf Course

Spend approximately 5+ hours on the magnificent fairways and greens at Cayman's premier 18-hole golf course. Don't forget to check out the clubhouse restaurant too!

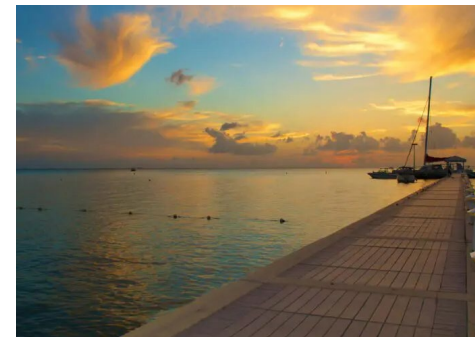
[northsoundclub.com](http://northsoundclub.com)



## Pickleball Cayman Centre

The luxury 12-court facility is located near the airport in the centre of George Town. Shaded from the hot sun during the day and lit up with floodlights at night, you can take your pickleball game to the next level with fun tournaments, coaching/instruction, and buddy matches.

[pickleball.ky](http://pickleball.ky)



## Redsail Sunset Cruise

For approximately two hours, you can head out into the clear waters of the North Sound on a 65 ft catamaran. Sip a delicious cocktail and soak in the beauty of a Caribbean sunset.

*\*TIP: If you're looking for more than just a drink, try the Redsail Sunset Dinner Cruise to Solis.*

[redsailcayman.com](http://redsailcayman.com)



## Chellamella Cooking Lessons & Demos

Jack and Gaia will help demystify cooking secrets and techniques with you, using carefully selected local produce to create the best quality cooking experience. With colleagues, friends, family or on your own, get some invaluable experience hands on with a 2 to 3 course lesson or enjoy learning with a demo so you can relax and get involved when you desire.

[chellamella.com](http://chellamella.com)



## Le Petit Bar

Nestled in the heart of the Jacques Scott Plaza in Westbay, Le Petite Bar's team of "Cocktail Ninjas" expertly concoct an expansive range of unique cocktails sourced from various corners of the world, all ready for your pleasure. Immerse yourself in the exquisite craftsmanship of flavor with every sip.

[lepetitbarcayman.com](http://lepetitbarcayman.com)

# Find



## Bliss Yoga Cayman

Bliss is a yoga space that has been nourished and cared for for over 10 years. It is a home for everyone to feel safe, encouraged, empowered and always welcome. Advanced trained professional instructors with at least ten years experienced with teaching methods in various methods and disciplines of Yoga offer regularly scheduled classes, workshops, private sessions, teacher trainings and specialty classes including prenatal yoga, chair yoga, teen yoga and multi-day immersions.

[blissyogacayman.com](http://blissyogacayman.com)

# Your

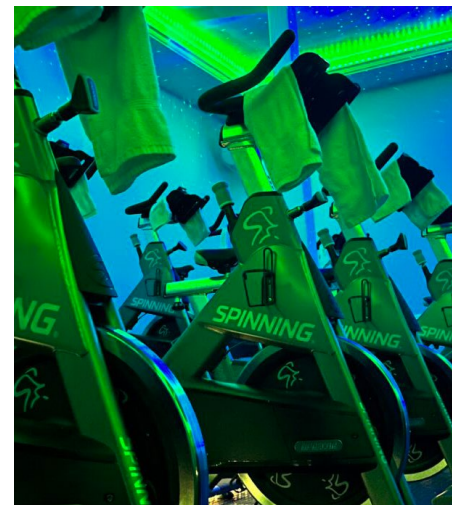


## One Heart Yoga Apothecary

From hot and sweaty power practices that will lengthen and strengthen you to deep, slow, and restorative practices that will rejuvenate your body and balance your mind body connection – you will find a ONE HEART practice that is uniquely yours.

[oneheartcayman.com](http://oneheartcayman.com)

# Center



## Ryde - Spin Studio

Cayman's residents and visitors have embraced Ryde making it a welcoming community. No membership needed, just book your 45 minute class online. Spin shoes provided."

[rydecayman.com](http://rydecayman.com)

# WANTING TO RE-CENTER?

Breathe in the fresh island air and breathe out the day to day stress as you find your inner peace





# PARADISE AWAITS!