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# ARE YOU HUNGRY? Nothing says vacation like a meal on the beach at sunset.



#### Luca on Seven Mile Beach

Ocean side, but set back from the waterfront, you'll find delicious Italian dishes and wines. Sit inside or outside but either way enjoy the Cayman atmosphere with Italian flavor.

luca.ky

#### **Bàcaro**

At Bàcaro, food and drink is the love language. Fresh, local ingredients, classic Venetian flavors and of course - a little modern innovation, ensure that everyone will find something they love.





#### Morgan's

An elegant waterfront restaurant. Whether you dine indoors or out, enjoy the panoramic views of Governors Creek. Sample their extensive ocean-to-table menu and indulge in a classic or contemporary cocktail. Great food, fresh fish, and great place for a more relaxed setting, large outside patio.

morganscayman.com

#### Agua

Agua is an award-winning seafood restaurant rooted in Italian tradition and inspired by Peruvian cuisine. Great food, atmosphere, and staff. Located in Camana Bay (non-ocean side) by the water of North Sound. Both indoor and outdoor seating.

agua.ky





#### **Cracked Conch**

Very good food and wine with a large selection. Sit inside or outside on their large deck overlooking the beautiful ocean views.

crackedconch.com.ky



Large outdoor deck seating by the water with great views pairs nicely with great food. They are Austrian managed and carry large menus and wine lists.

grandoldhouse.com





#### The Wharf

Set on the water at the start of Seven Mile Beach with newly renovated outdoor deck seating. Great food, wine, & service from Austrian management with a continental flavor.

wharf.ky

#### **Calypso Grill**

French doors open out onto the terrace overlooking Morgan's Harbour as a soft breeze flows in from the North Sound. The Calypso Grill is a great place to gather with delicious fish and seafood cooked simply with a relaxed and welcoming atmosphere.

calypsogrillcayman.com





#### **Cocoloba at the Kimpton**

A casual, beachside experience, Coccoloba Bar & Grill is upfront on the waterfront, and one of the best places to eat on Seven Mile Beach. Sporting an open-air, three-sided bar and ocean views in all directions, it's part of Kimpton Seafire Resort + Spa.

coccolobacaymanislands.com

#### **Tillies**

Nestled along Seven Mile Beach, Tillies embodies the timeless charm of coastal dining. Offering dishes crafted from fresh local ingredients, the menu is inspired by the vibrant flavors of the Greater Antilles. With welcoming ambiance and captivating views, Tillies provides the perfect backdrop for an unforgettable experience.







#### Tukka West at Morgan's Harbor

Extensive menu, great location on the water with plenty of indoor and outdoor seating and a casual atmosphere.

west.tukka.ky



Avecita stands as the signature dinner destination within Kimpton Seafire Resort. Delight in an evening of culinary theater with two unique dining experiences, both featuring an array of Spanish tapas-inspired delights.

averestaurant.com





#### Taikun at The Ritz-Carlton

Cayman's gourmet sushi lounge that fuses the finest grade of sushi with authentic ingredients and sophisticated presentation. Excellent fine dining sushi & cooked dishes.

rcgcrestaurants.com/taikun

#### **Blue Cilantro**

Experience the culinary excellence of Blue Cilantro, situated in Grand Cayman's Seven Mile Beach. With a dynamic fusion menu, a commitment to quality shines through, utilizing the finest cuts of meat, freshest fish, and aromatic herbs and spices to create succulent dishes bursting with flavor.



bluecilantrocayman.com



#### **Yoshis**

Discover the essence of authentic sushi at Yoshi Sushi, ideally situated in the vibrant heart of Seven Mile Beach! Skilled Sushi chefs craft a tantalizing array of fresh and traditional Japanese dishes, alongside innovative contemporary creations, ensuring a memorable dining experience.

yoshi.ky

#### **Steak Social**

Steak Social redefines the classic steakhouse with its modern flair and has earned accolades for its innovative approach to dining. Nestled in the heart of the Seven Mile Beach corridor, this husband and wife-owned restaurant warmly welcomes a diverse clientele, creating an inviting atmosphere for all.

steaksocial.com







#### **Red Sail Sports**

An unforgettable experience including boat excursions, scuba diving lessons, beach activities, and more! There's something here for everyone.

redsailcayman.com



#### **Stingray City**

If you're looking for a unique and thrilling experience while in Grand Cayman, then you can't miss out on Stingray City. Located within the barrier reefs that surround the island, it is a large sandbar populated by different species of fish and, most famously, stingrays.

stingraycitycaymanislands.com





#### **Cayman Turtle Centre**

Cayman's largest land-based tourist attraction, Cayman Turtle Centre: Island Wildlife Encounter hosts more than 200,000 visitors each year. Educational, cultural, and entertainment programs are consistently being created and updated to enhance the experience that can only be found at this world-renowned attraction.

turtle.ky

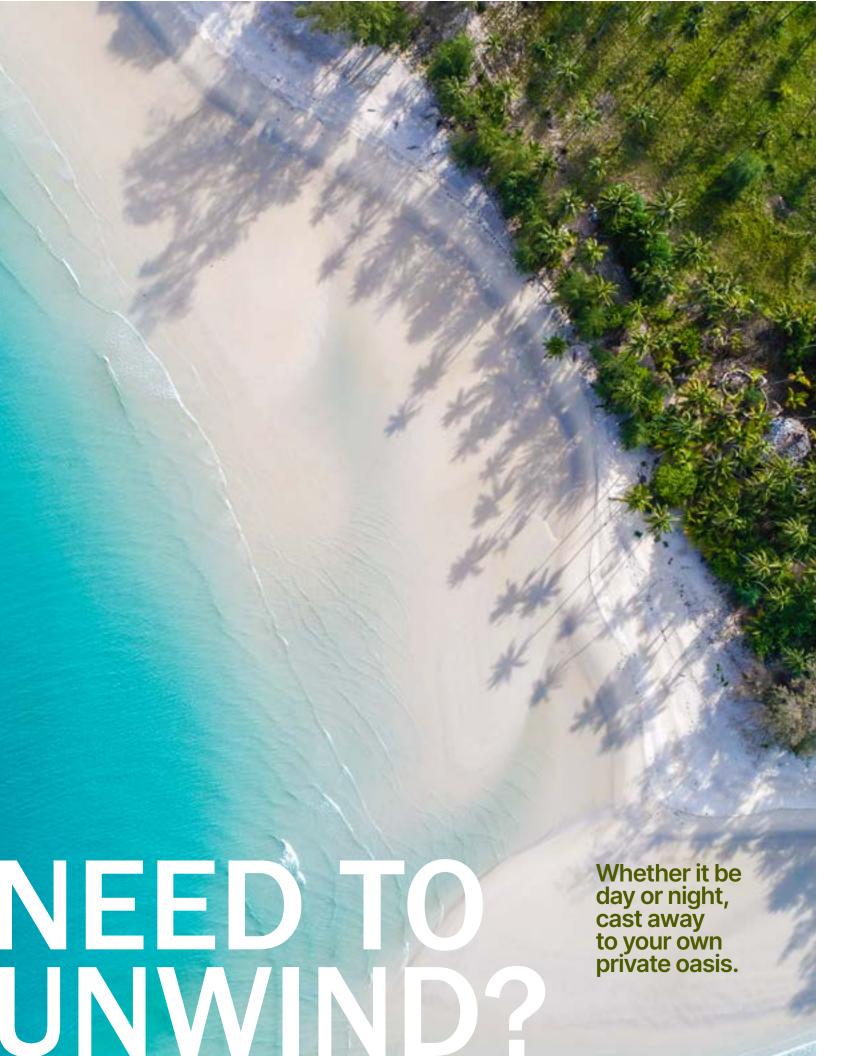


#### Captain Marvin's Reef

Learn from the experienced captains who can help you reel in that giant marlin, tuna, or wahoo. Each chart holds up to eight people and runs for about four hours long. A great tip... the deep-sea fishing isn't far from shore – so you'll spend your time actually fishing and not just driving out to a location.

captainmarvins.com







#### **North Sound Golf Course**

Spend approximately 5+ hours on the magnificent fairways and greens at Cayman's premier 18-hole golf course. Don't forget to check out the clubhouse restaurant too!

northsoundclub.com



#### Pickleball Cayman Centre

The luxury 12-court facility is located near the airport in the centre of George Town. Shaded from the hot sun during the day and lit up with floodlights at night, you can take your pickleball game to the next level with fun tournaments, coaching/instruction, and buddy matches.

pickleball.ky



#### **Redsail Sunset Cruise**

For approximately two hours, you can head out into the clear waters of the North Sound on a 65 ft catamaran. Sip a delicious cocktail and soak in the beauty of a Caribbean sunset.

\*TIP: If you're looking for more than just a drink, try the Redsail Sunset Dinner Cruise to Solis.

redsailcayman.com



#### **Chellamella Cooking Lessons & Demos**

Jack and Gaia will help demystify cooking secrets and techniques with you, using carefully selected local produce to create the best quality cooking experience. With colleagues, friends, family or on your own, get some invaluable experience hands on with a 2 to 3 course lesson or enjoy learning with a demo so you can relax and get involved when you desire.

chellamella.com



#### Le Petit Bar

Nestled in the heart of the Jacques Scott Plaza in Westbay, Le Petite Bar's team of "Cocktail Ninjas" expertly concoct an expansive range of unique cocktails sourced from various corners of the world, all ready for your pleasure. Immerse yourself in the exquisite craftsmanship of flavor with every sip.

lepetitbarcayman.com

# Find



#### **Bliss Yoga Cayman**

Bliss is a yoga space that has been nourished and cared for for over 10 years. It is a home for everyone to feel safe, encouraged, empowered and always welcome. Advanced trained professional instructors with at least ten years experienced with teaching methods in various methods and disciplines of Yoga offer regularly scheduled classes, workshops, private sessions, teacher trainings and specialty classes including prenatal yoga, chair yoga, teen yoga and multiday immersions.

blissyogacayman.com

# Your



### One Heart Yoga Apothecary

From hot and sweaty power practices that will lengthen and strengthen you to deep, slow, and restorative practices that will rejuvenate your body and balance your mind body connection – you will find a ONE HEART practice that is uniquely yours.

oneheartcayman.com

# Center



Ryde - Spin Studio

Cayman's residents and visitors have embraced Ryde making it a welcoming community. No membership needed, just book your 45 minute class online. Spin shoes provided."

rydecayman.com

# WANTING TO RE-CENTER?

Breathe in the fresh island air and breathe out the day to day stress as you find your inner peace



